# LOCAL SUPPORT



PA 211 Southwest	Allegheny Connect
<ul> <li>Access free and confidential crisis and emergency counseling, disaster assistance, food, health care and insurance assistance, stable housing and utilities payment assistance, employment services, veteran services and childcare and family services.</li> </ul>	<ul> <li>City of Pittsburgh to connect to local services including but not limited to:         <ul> <li>Out-of-school time (OST) Programs</li> <li>Housing concerns</li> <li>Food, Transportation &amp; Other Essentials</li> <li>Older Adults- Caregiving Information</li> <li>Disability &amp; Autism Supports</li> </ul> </li> </ul>
Dial 211 or text your zip code to 898-211  www.pa211.org	https://connect.alleghenycounty.us

Pittsburgh Period	The Homewood Early Learning Hub & Family Center
<ul> <li>Confidential access to free feminine hygiene products</li> <li>www.pittsburghperiod.org</li> </ul>	<ul> <li>Formula Bank</li> <li>Diaper Bank</li> <li>Family Nights</li> <li>Story Times, Kids activities</li> <li>7219 Kelly Street, Pittsburgh, PA 15208</li> <li>www.tryingtogether.org</li> </ul>

## **Squirrel Hill Community Food Pantry**

#### Western Pennsylvania Diaper Bank

 Food Distributions will continue to offer a mix of loose grocery items, focusing on fresh produce, dairy and protein, in family-sized portions.

Access to diapers, period products, and incontinence supplies

Food Pantry Hours and Location

Monday, Wednesday & Friday: 9AM-12:15PM

Tuesday & Thursday: 9AM-12:15PM, 1:30-

2:45PM

828 Hazelwood Ave, Pittsburgh, PA 15217

201 N. Braddock Ave.

Suite 102

Pittsburgh, PA 15208

412.373.3074

### **Urban League of Greater Pittsburgh- East Hills**

#### **Free Store - 15104**

- Diaper Bank
- Family Fun Activities every month
- Beverly's Birthday's
- Kindergarten Readiness
- Emergency Food pantry
- and many more

2320 East Hills Drive (Rear) Pittsburgh, PA 15221 1-412-469-9870 www.ulpgh.org

- Groceries, clothing, towels, blankets, diapers, formula and more
- Red Lantern Bike Shop- free bikes, parts and repairs

420 Braddock Ave Braddock, PA 15104 https://www.freestore15104.org

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